

Programme Name: Mental Health and Dementia

Lead: Justine Faulkner

Date:21/04/15

Background

The disparity in the quality and availability of mental health services is a long-standing issue. Despite mental health being the single largest cause of disability in the UK contributing 23% of the disease burden, there are approximately 470,000 adults with mental illnesses in the South West.

In 2015/16, the introduction of access and waiting times targets and significant additional investments will address the issue of disparity, moving services in the right direction to achieve parity of esteem between mental and physical health services. This work programme will successfully implement the steps required to invest prudently, and place CCGs in a position of readiness to deliver on the standards when they come in to place in April 2016.

This programme is aligned with, and will support, the regional priority programme for mental health.

Priority programme objectives and expected outcomes

Dementia Diagnosis - CCGs achieving and maintaining the national ambition of 67% DDR	Patient numbers affected: 68,436
Dementia prevention - Regional consensus as to what good prevention activity looks like	Patient numbers affected: 68,436
Early onset and rare dementias - Optimal pathway designed	Patient numbers affected: 3,386
Mental health crisis care - All CCGs delivering on concordat action plans	Patient numbers affected: 172,774
Liaison Psychiatry – Services in all EDs	Patient numbers affected: 35,902
Early Intervention in Psychosis – All CCGs in state of readiness to deliver on access and waiting times targets April 2016	Patient numbers affected: 430
CAMHS - Specialist eating disorders services in place for April 2016	Patient numbers affected: 68,436
IAPT - All CCGs achieving access and recovery targets, and in a state of readiness to achieve access and waiting times targets in April 2016	Patient numbers affected: 80,261
Perinatal & Infant Mental Health - South West consensus as to optimal service model	Patient numbers affected: 8,000
Personality Disorder - (PD) South West wide multi agency conference to ensure joint delivery of national PD guidance	Patient numbers affected: 235,000
Smoking cessation in mental health	Patient numbers affected: 11,880
Patient and Public Engagement - Engaging with MH service user organisations across the South West	

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Priority programme deliverables

Dementia Diagnosis (DDR)

- CCGs achieving and maintaining the national ambition of 67% DDR

Dementia prevention

- Regional consensus as to what good prevention activity looks like
- SCN-branded toolkit for commissioners to support them in commissioning these services

Early onset and rare dementias

- Development of optimal regional pathway for rare dementias

Mental health crisis care

- Quarterly crisis collaborative events
- Maintain log of concordat action plans across the SW
- Regional clinical consensus as to optimal MH care in A&E, and commissioning guidance in place to inform 15/16 contracting round

Liaison Psychiatry

- Maintain ongoing comprehensive map of liaison psychiatry in the SW

Early Intervention in Psychosis

- Map EI services across the region using the national tool, and-EI capacity modelling
- Develop an EI KLOE for NHSE Ops colleagues

CAMHS

- Engage with CAMHS stakeholders in the SW to establish an ODN
- Facilitate a CAMHS co-commissioning pilot in NEW Devon
- Support the SW CYPIAPT collaborative

IAPT

- Achievement of the national waiting times standards for IAPT services by April 2016
- SW IAPT providers meet national targets around access and recovery throughout 2015/16
- Adequate IAPT workforce in place to achieve access recovery and waiting times targets

Perinatal & Infant Mental Health

- Mapping PIMH services across the region
- Achieve regional consensus as to an optimal PIMH pathway, and develop guidance to inform co-commissioning process

Priority and Work Programme Overview

Personality Disorder

– South West-wide multi-agency conference to ensure joint delivery of national PD guidance

Smoking cessation and mental health

- Increase numbers of smoke-free mental health trusts
- Reduction in the number of mental health patients who smoke in the South West

Patient and Public Engagement

- Better engagement with mental health service user networks
- Optimal service user and carer involvement in SCN work streams

Budget summary

- **£40k clinical time**
- **£100k programme budget**

To include a £20k contingency fund, split with the neurology network

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Stakeholders

- Mental health service users, and their carers/families and organisations representing them
- CCGs and Specialised Commissioning
- NHS England Operations and Delivery, and Nursing and Quality colleagues
- Regional mental health priority programme board
- Mental health service providers, both statutory and voluntary
- Local authorities
- Health and wellbeing boards
- South West CYPIAPT Collaborative
- Emergency Services

Dependencies / key interfaces

- AHSNs in the South
- PHE
- HESW
- Regional mental health priority programme board
- Other SCNs
- NHSE Operations and Delivery and Nursing, and Quality colleagues
- Mental health national team
- SW CYPIAPT Collaborative