

South West Personality Disorder Conference

Tuesday 14 July 2015, 10:00—16:00

Taunton Racecourse

Taunton, TA3 7BL



Agenda Page 1

09:30	REFRESHMENTS and registration
10:00	Introduction Chair—Iola Davies, South West Strategic Clinical Network (SCN) representative for personality disorders
10:10	Community personality disorder services; the past, present and future? Nick Benefield Formerly Head of Strategy, spanning Department of Health and Ministry of Justice
10:40	The Offender Personality Disorder Pathway (OPD) Dr Julian Walker—Probation Personality Disorder Offender Service Lead
11:10	Co-production in Action: perspectives from Emergence - a service user-led organisation Lou Morgan, Executive Director, Emergence
11:40	Q and A
11:50	Refreshments
12:10	Psychologically informed and enabling environments Alan Miller—Forensic Psychologist, Personality Disorder Service National Probation, Leicestershire
12:35	Early intervention in personality disorders Lorna Rose—Plymouth Icebreak Project Lead
12:55	Working with crisis in personality disorders Iola Davies and Paul Hudson, Bristol and Bath Service Manager, St Mungo's Broadway
13:15	Q and A
13:25	LUNCH

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14:10	Reflection and Discussion
14:30	Workshops <i>Registration BEFORE the day. Please see workshop details below the agenda</i>
	<ul style="list-style-type: none"> a) Primary care/ IAPT and personality disorders Dr Alex Stirzaker and Jane Yeandle b) Working with people with Learning Disabilities & Personality Disorder Kate Allez c) Stigma (including peer groups) Lisa Foote and Tina Robinson d) Isis women's centre Niki Gould e) Nexus personality disorder service, Eastwood Park prison Dr Michelle Chauhan f) Interventions and Therapies in Personality Disorders Beth Perry and colleagues
15:15	Local area discussions and outcomes REFRESHMENTS
15:45	Conference outcomes and next steps
16:00	CLOSE

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Workshop Descriptions—Page 1

a) Primary Care / IAPT and Personality Disorders

Facilitated by: Jane Yeandle – Head of Division, Somerset Partnership NHS Foundation Trust and Dr Alex Stirzaker IAPT National Advisor and Specialist in Personality Disorders and SMI

About two years ago we received some robust feedback from a service user accessing our secondary care services. She said “Your service is good, but it took me 3 years to get there! During this time I had countless wrangles with my GP, numerous attendances at A and E, days off work and a relationship that broke down.”

This workshop will focus on the ways that we have used to bridge the gap between primary and secondary care. We will share some outcomes from this work, and there will be an opportunity to discuss how else we can improve access to psychologically informed approaches in primary care.

b) Working with people with Learning Disabilities and Personality Disorder

Facilitated by: Kate Allez, Clinical Psychologist, 2gether NHS Trust, Gloucestershire

The workshop will include discussions around issues relating to aetiology and prevalence, as well as current thinking on best practice when working with people with learning disabilities (PWLD) and Personality Disorder and some of the common misperceptions. Our experiences locally have been that PWLD and Personality Disorder require a service that is not only offering additional support (e.g. an extended number of sessions) but also that this support needs significant adaptations, which are often made on an individual basis. The aim of the workshop is to share ideas and raise awareness of the difficulties experienced by PWLD and the people working with them.

c) Stigma in supportive settings: acknowledging, challenging and moving forward

Peer groups will also be discussed.

Facilitated by: Lisa Foote (Bristol), Training Coordinator for London and the South West, Freelance Mental Health Research and Development Worker and

Tina Robinson (Cornwall) personality disorder trainer and service user

Stigma is comprised of stereotypes, prejudice and discrimination. It occurs throughout society but is also an individual and interpersonal process. This workshop will explore personality disorders and stigma within healthcare and supportive settings from the personal, interpersonal and organisational levels. We will think about stigma in relation to such aspects as language, pathologisation, normalisation, stereotyping, powerlessness, marginalisation, violence and self-stigma, to name but a few areas. We will brainstorm disabling and enabling examples of working and ideas in order to start thinking about developing good practice pointers. We will also have sweets!

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d) Isis women's centre

Facilitated by: Niki Gould—ISIS Team Leader

'The ISIS Women's Centre is a unique resource for both Gloucestershire and Wiltshire – a safe, women-only space where a wide range of problems related to offending, substance misuse, safety and wellbeing can be addressed in a warm and supportive environment.' (ISIS website)

Run by the Nelson Trust, the Isis centre was one of the women's community centres set up as a result of the 'Corston Report: A review of women with particular vulnerabilities in the criminal justice system'(2007), with statistics showing e.g. that the prevalence of personality disorder for women in prison is between 50 and 60 (NOMS 2011 p.1) 'Offender personality disorder strategy for women'. Personality disorder difficulties can be issues for many of the women.

e) Nexus personality disorder service—Eastwood Park prison

Facilitated by: Dr Michelle Chauhan—Pathfinder Service Lead with prison officers and staff

Nexus personality disorder service works within a specific residential wing of the prison and across the prison. Staff from the service will describe how the service operates and the benefits and challenges for the women they work with.

f) Interventions and Therapies in Personality Disorders

Facilitated by: Beth Perry—AWP Clinical Psychologist with support from colleagues with lived experience and Kirsty Pound—Forensic Psychologist, Devon prisons.

An overview and discussion of the therapies and interventions which are often used when working with people with personality disorder difficulties; MBT, DBT, CAT, schema therapy, art therapy, etc.