

An invitation to join the Peer Leadership Academy 2017



The Integrated Personal Commissioning (IPC) and personal health budget (PHB) programmes are inviting applications from people with lived experience of personalised approaches to health and social care to participate in an Integrated Personal Commissioning (IPC) and personal health budget (PHB) personal development programme.

Who can join?

You are eligible to apply if you are an individual or family carer who has a personal health budget or an IPC personal budget for health and social care. We are looking for people who have lived experience of personalised approaches to health and social care with direct relevance to the Integrated Personal Commissioning and personal health budget programmes.

The IPC programme is very ambitious and has some clear aims:

- That people with complex needs and their family carers will have a better quality of life and will be able to meet their health and well-being needs in new and creative ways.
- People often find themselves in hospital or institutional care when it's not the right place. IPC will help prevent the sort of crises that lead to unplanned hospital admissions.
- IPC will also enable health and social care support to be brought together and encourage people to shape their own care and support.

You must be willing to commit to playing an on-going role in shaping policy and practice within Integrated Personal Commissioning and personal health budgets at a national and local level. However, levels of commitment may vary depending on people's individual circumstances.

The Peer Leadership Academy is a personal development programme that aims to build people's knowledge, skills and confidence to play an active role in the IPC and PHB programmes at a national and regional level. It is being delivered by Peoplehub CIC in collaboration with the NHS England Integrated Personal Commissioning and personal health budget programmes.

The aim is to:

- Increase the capacity of the national IPC and PHB peer network. This is a national group of people with lived experience of personal health budgets and personal budgets, which supports the delivery of the IPC and PHB programmes.
- Help drive demand for and take up of IPC and PHB.
- Co-produce Integrated Personal Commissioning and personal health budgets

Coproduction is central to delivery of the key shifts at the heart of the IPC care model and personal health budgets and represents a different and more proactive relationship between people with health and care needs and the NHS. It is a transformative way of 'thinking' about the role of people with lived experience in shaping health and social care. It also transforms our 'way of working' by recognising that the needs of people with health and care needs can best be met by working in genuine partnership to co-produce and co-design new models of care.

Is the Peer Leader Academy right for you?

The Peer Leader Academy demands a level of willingness to engage in complex ideas and thoughtful reflection. There are a limited number of places. Here are the key attributes for participants:

What experience do you need to make effective use of the Academy?

- Experience of personalised care and support planning for a long-term health condition of your own or for a family member.
- In depth experience of the impact of care in your own life or the life of a family member.
- Experience of a personal health budget of you own or a family member or a personal, personal budget in an IPC site

What Skills?

- Self-awareness in terms of how you deal with change
- A constructive approach to giving feedback and a collaborative style.
- Emotionally resilient when faced with indifference or opposition
- Good communication and interpersonal skills
- Be prepared to convey your 'lived experience' through telling your story and relating it to key principles.
- Be willing and able to travel to contribute to change processes.
- Be keen to work alongside Peoplehub to identify and develop other peer leaders.

What Knowledge?

- Some understanding of the principles and practice of personalised approaches to health and social care relating to you or a member of your family e.g. support planning.

Other:

- Clear and persuasively stated reasoning for wanting to take part in the peer leadership Academy
- A firm commitment to being at all of the course days and actively participating in each session.

When and where will the Peer leadership Academy take place?

The Academy will consist of 6 days, These will be delivered as three 2-day residential events during May, June and July 2017. Dates to be confirmed shortly. Participation in all sessions is **essential**. The venue is likely to be Burleigh Court, Loughborough

Will there be any financial support for travel and participation in the Academy?

We have a reimbursement policy that enables us to book travel tickets in advance for participants. We also pay a small participation fee for the six-day programme.

How can you apply?

If you would like more information about the Peer Leadership Academy or an application form, please e-mail england.integratedpersonalcommissioning@nhs.net . The deadline for applications is 5pm Thursday 11 May.

Shortlisted applicants will be invited for a short interview. Interviews will be held on:

- Thursday 18 May at Skipton House, 80 London Road, London. SE1 6LH

We are able to organise travel to the interview for shortlisted applicants.