

National Headliners

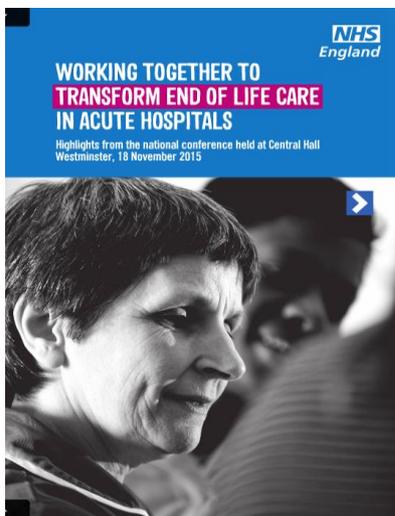
New Guidelines on Care of dying adults in the last days of life (NICE)

was released in December 2015. It aims to improve end of life care for people in their last days of life by providing recommendations on:

- Recognising the last days of life
- Communicating and shared decision-making
- Maintaining their comfort and dignity
- Managing common symptoms
- Anticipatory Prescribing
- Maintaining hydration in the last days of life.

Download the Guidelines [here](#)

Working Together to Transform end of life care in acute hospitals' eBook



This new [eBook](#) contains the presentations, useful resources/contacts from the recent national conference held in London.

Better Endings - right care, right place, right time: The National Institute for Health Research (NIHR) Dissemination Centre has launched its first themed review – a new independent report which compiles published and ongoing NIHR funded research into end of life care. It aims to help those delivering, planning or using EoL services to ensure that the right care is delivered in the right place at the right time. It presents the findings of 17 NIHR studies and highlights 12 pieces of ongoing NIHR funded research that evaluates new and existing care initiatives, such as 'hospice at home' and a new data sharing service to improve continuity of care.

Download the 'Better Endings' Review [here](#)

SWSCN

SOUTH WEST STRATEGIC CLINICAL NETWORK

End of Life Bulletin January 2016

Dying Matters

'Let's talk about it'

The Big Conversation - Dying Matters Awareness Week 2016 dates **9th -15th May**

Regional Updates

HMP Dartmoor Prison working in partnership to improve end of life care for all - [St Lukes Hospice](#), Plymouth began a prison project along with Macmillan at Derriford Hospital and myself at HMP Dartmoor to improve end of life/life limiting disease care in prison. The outcome is that here at HMP Dartmoor we have a Macmillan Nurse and a nurse specialist from St Lukes Hospice who see all our patients who are living with cancer or who have a life limiting disease or are end of life on a monthly basis. We also have quarterly MDT's with these nurses, prison family liaison officer and chaplaincy and social work. This service is constantly evolving.

Sheridan McGinlay, Deputy Healthcare Manager

Free One Day Quality Improvement Methodology Training - learn to outline quality improvement in proposals and manage improvement measures and evidence gathering:

Tuesday 12th January-Mercure Hotel, Exeter **OR**
Thursday 28th January-Mercure Hotel, Bristol.

For booking details contact [Liz Rees](#)

Limited Spaces available: For **Thursday 25th February**, [Taunton Racecourse](#), for an end of year event by HEE and the SW-SCN. Speakers include projects leads that have incorporated the use of Quality Improvement Methodology, and discussions from HEE and the SW-SCN as to what is next in terms of EoLC. To book contact [Liz Rees](#) by 31st January 2016.

Find out what's happening in the South West by accessing the [SWSCN EoL Web Page](#) or contact [Gina King](#) Quality Improvement Lead

Working together in partnership to improve quality and care in End of Life in the South West