



What Services Look Like

- There are 21 different IAPT services being commissioned in the South West by 11 clinical commissioning groups
- Of these services 13 IAPT services are being commissioned collaboratively by 2 CCGs
- The majority of CCGs commission from a single IAPT provider, and these are mostly services provided by local mental health trusts
- 3 CCGs have services provided by any qualified provider (AQP).



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- 7 CCGs commission IAPT plus services for their populations. These are all in the BNSSSG and BGSW area team footprints
- In Devon and Cornwall all IAPT services are specific to anxiety and depression, with the exception of those provided by Plymouth Community Healthcare
- Some services being commissioned are not providing NICE recommended therapies

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Commissioning Arrangements

- The majority of IAPT services are provided under block contract arrangements
- 3 CCGs in the SW have AQP contract arrangements
- All but 1 NHS provider is commissioned on a block basis
- 1 contract is due to be re-tendered in 2015, and another 2 will be re-commissioned in 2016
- No apparent link between population or prevalence and contract value where there is a block contract
- Future commissioning plans include the development of pathways for patients with Long Term Conditions and meeting unmet need

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