

3 August 2015

To: Regional Directors
Regional Directors of Assurance and Delivery
Directors of Commissioning Operations
Regional Medical Directors

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Dear Colleagues

CAMH Transformation Guidance Publication

I am writing to inform you about the publication of the guidance for the CAMH transformation plans and the accompanying Eating Disorders commissioning guidance and confirm the recurrent funding available to CCGs for this 5 year programme of work.

The guidance sets out the implementation approach and the assurance requirements to deliver sustainable transformational change to children and young people's mental health and wellbeing. Following the Budget announcement in March, the recurrent allocation of funding has been confirmed for a five year programme of work to support sustainable delivery of evidence based, outcomes focussed services. These services will be designed in collaboration with children, young people and their families and will be subject to access and waiting time standards to ensure that services are accessible and responsive.

We are looking to Directors of Commissioning Operations and their teams to support the delivery of this ambitious programme of work. This work is particularly important because of the need to demonstrate a rigorous assurance process to secure confidence in delivery and the maximum investment required for complete further transformative work.

The majority of the allocations to CCGs will be contingent on the development of robust local transformation plans as set out below:

1. Eating Disorders

A global sum of £30 million will be allocated to CCGs on publication of the two pieces of guidance. CCGs must work together across a population footprint of at least 500,000 and commission teams to deliver dedicated community based eating disorder services

for children and young people in line with the model and access and waiting time standard developed with the National Collaborating Centre for Mental Health (NCCMH). The development of these services will form part of a CCGs overall transformation plan.

2. Perinatal

£15m has been allocated for improvements in services for perinatal mental health. An Expert Reference Group has been set up with NCCMH to determine the appropriate model of care and further information on the different options and how the programme will be delivered will be made available at a later date. The funding for perinatal mental health will **not** be allocated as part of the transformation plans.

3. CAMH Transformational Programme

Along with the investment for eating disorder services, £75 m for Child and Adolescent Mental health is being allocated to CCGs to develop their local transformation plans which are, in essence, published local CAMH strategies. Therefore, CCGs will need to work closely with Health and Wellbeing Boards (HWB), a full range of commissioning partners and providers and children and young people and their families.

In addition to CCG allocations, £10m is being made available to maintain access to Tier 4 beds in 2015/16. The assurance process has been designed to ensure alignment across CCG and specialised commissioning budgets and the development and 'sign off' process has been designed to ensure that the engagement and sign off of specialised commissioning is integral to the development of each plan.

Further funding will be used for a central programme of work which will include:

- The roll out of the CYP IAPT programme
- An audit of the workforce supported by Health Education England
- Maintaining access to extra Tier 4 beds and case managers while the system is recalibrated
- Support for a joint pilot with the Department for Education for training link staff in schools
- The recruitment of Learning Disabilities Case Managers
- Youth Justice neurodisability work

4. Funding and support to the regions

A total £4m has been set aside for programme costs and will be divided equally between the 4 regions. This is to secure additional capacity to support the assurance of CCG plans and equates to 1 WTE Band 8B per DCO, i.e. 12 WTE for 15/16 and 6 WTE for 16/17. These funds also cover the work to ensure participation by children, young people and parent/carers, support from clinical networks and data analysis.

You will be able to use this resource in support of your existing arrangements and in addition to other forms of support available including the knowledge and expertise from SCNs, specialist commissioning and the national policy team. The approach to assurance of the CAMH transformational programme has been discussed with a number of regional colleagues and highlighted as part of the weekly regional performance calls with operations and assurance leads.

The key dates and milestones for the development and assurance of CCG plans are set out in **Annex A**.

Actions for regions

Regional colleagues, in particular DCOs are asked to:

- Lead the assurance of the transformational plans during 15/16 and confirm that:
 - the plans align to the principles of 'Future in Mind'
 - the plans are written in collaboration with partner organisations and CYP and their families and signed off by HWB and Specialist Commissioning
 - the allocated funding is used as intended
- Work with CCGs to ensure that the assurance process is completed within the set timescales so that the funding can be released as soon as possible (see Annex A).
- Ensure that the plans fit within the three possible outcomes:
 - fit for purpose and the money can be released
 - requiring amendments but the money can be released and plans amended; and
 - requiring further development
- Make contact with the relevant organisations, as appropriate, for support in the assurance of CCG proposals as above.
- Assure that the tools that are part of the guidance are being used by CCGs, namely:
 - Self-assessment checklist
 - Tracker
- Confirm that the appropriate monitoring and governance mechanisms are in place, i.e. a delivery and implementation group that is a subset of the HWB boards.
- Assure that CCGs update the tracker on a quarterly basis and use this tool as a basis for monitoring progress on agreed deliverables.

A recorded WebEx is available as a resource from the recent meeting held with regional colleagues (31/07/2015) to explore the implication of the CAMH transformation guidance and the requirements of the assurance process.

We hope that the approach set out above strikes a balance between the need to demonstrate good governance while minimising complexity, ensuring that regions play a key role in this process.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Richard Barker', written in a cursive style.

Richard Barker
Regional Director (North)

Key dates and milestones

1.	Publication of Transformation Planning and Eating Disorder commissioning guidance with initial allocation of Eating Disorder Monies	w/c 3 August 2015
2.	CCGs working closely with HWBs, local partners and NHS England Specialised Commissioning to develop their Local Transformation Plans	from August onwards and by no later than 9 th October 2015
3.	First window for submission for assurance at regional level	18 th September 2015
4.	Second window for submission for assurance at regional level	16 th October 2015
5.	Assurance process completed and further funding released.	By first week November 2015
6.	Transformation Plans published locally	October to November 2015
7.	Transformation Plans inform 2016/17 CCG commissioning intentions	Q3 and Q4 2015/16
8.	Review and development of Transformation Plans embedded in mainstream planning processes across local agencies	From 2016/17 onwards