



NHS
England

The 5 year forward view and what this means for commissioning IAPT services

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Key points

- Greater patient control of own care, including the option of personal health budgets
- Radical upgrade in prevention and public health, potential impact on the role of psychoeducation
- Break down of barriers in how care is provided – between primary, secondary, mental health, physical health, social and health care
- Proposed multispecialty community providers
- Stronger partnerships with charitable and voluntary sector organisations



Five year ambitions for mental health

- 2015/16 will see the introduction for the first time of waiting standards for mental health
- Commissioners and providers will work together to achieve waiting times standards for people entering a course of treatment in adult IAPT services. At least 75% of adults should have had their first treatment session within 6 weeks of referral, with a minimum of 95% treated within 18 weeks.
- £10 million additional investment is being made available to support these standards
- Maintenance of access and recovery rate targets will be expected



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How will we get there?

- Back diverse solutions and local leadership
- Support a modern workforce
- Exploit the information revolution and transparency
- Accelerate useful health innovation
- Drive efficiency and productive investment



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