



## Mental health priorities in the South

The Programme Board's task in 2015/16

August 2015



## Why mental health is a priority

- Disparity in the quality and availability of mental health services is a longstanding issue
- Yet mental health is the single largest cause of disability in the UK, contributing 23% of the disease burden
- 2015/16 will see significant additional investment
- New access and waiting times targets will be in place from 2016, moving services in the direction of 'parity of esteem' with those for physical health conditions



## The programme board

- Mental health and dementia programme will focus on the priorities in the NHS England Business Plan 2015/16, forging close links with the national mental health taskforce.
- Programme board brings together representatives from across the mental health sector on the South region
- First meeting was in June 2015



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## What is the Board's role?

- Board will put in place the building blocks required to invest prudently and place CCGs in the best-possible state of readiness to deliver on access and waiting-time standards
- Emphasis is on service-development and transformation
- Programme will be delivered through SCNs taking on bespoke pieces of work on behalf of the region
- Operations and Delivery teams will facilitate effective commissioning at a local level and retain their monitoring and assurance roles.



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## What will the programme do?

- Maintain a whole systems overview
- Identify emerging problems as they arise
- Provide data to support planning and performance management activity
- Provide topic-specific clinical expertise in defining optimal clinical pathways/ service models
- Support local assurance of CCG Service Development and Improvement Plans (SDIPS) against these service models
- Provide topic-specific workforce expertise in defining capacity and capabilities to deliver on access and waiting times expectations, working with HEE to deliver this on a regional basis



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## Areas of work - 1

- Early intervention in psychosis  
*Services across the region to be in a state of readiness to achieve the access and waits target in April 2016, and be reporting on this in shadow form in Q4 2015-16*
- Improving access to psychological therapies (IAPT)  
*Services across the region to be in a state of readiness to achieve the access and waits target in April 2016, and be reporting on this in shadow form in Q4 2015/16*



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## Areas of work - 2

- Psychiatric liaison services  
*To have an overview of service provision across the region and identify opportunities for improvement*
- Dementia  
*To achieve and maintain the national dementia diagnosis rate of 67%*

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## Areas of work - 3

- Perinatal mental health  
*To secure an understanding of the services present in the region, and a regional consensus on an optimal perinatal service model for implementation 2016/17*
- Child and Adolescent Mental Health Services-  
Specialist Eating Disorders Services  
*Regional services to be in place by Q4 of 2015/16, in readiness to deliver on access and waiting times expectations in 2016/17*

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## Further information

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