



Our allocation

- £300,297 to develop a Community Eating Disorders Service – Young People (CEDS-YP)



- £751,674 for the wider service transformation



= Total 1,051,971



What we did to develop our plan

- Multi-agency workshop early September 2015 – for overall plan plus additional workshop for CEDS-YP
- Utilised CAMHS participation group
- Somerset Youth Project - feedback into the plan
- CAMHS Commissioning Group
- Various other Boards, meetings & forums
- Timescales short - challenges of school holidays & staff annual leave (Aug and Sept)





Key Aims of our Local Plan

- Promote good mental health, build resilience and identify and address emerging mental health difficulties early on
- Provide children, young people and families with straight-forward and prompt access to high quality treatment and support
- Build skills, capacity and knowledge for all professionals who have a role in supporting children and young people
- Improve care and support for the most vulnerable and disadvantaged children and young people by closing gaps in services and by tailoring and improving support, including attention to key transition points



Also, linked to our plan - CAMHS & Schools Link Worker Pilot

- We made a successful bid to NHS England ahead of the submission to bring education & local C&YPs MHS for joint MH training programme.
- 10 Schools involved
- First workshop took place in early December 2015
- Second workshop takes place in March 2016



How we're using the resource 1/3

Initiative	Allocation
Establish Single Point of Access (SPoA) for CAMHS & develop self-referral	3.0 WTE band 6 Practitioner + 1.0 WTE Administrator = £131,478
Enhance use of digital services - information, support, self-care tools, resources & website development	Web development & peer input, including small amount of slippage from CEDS-YP £11,295
Targeted intervention programme addressing the lifetime impact of child sexual abuse	Working with Public Health to commission a counselling service £50,000

6



How we're using the resource 2/3

Initiative	Allocation
Liaison/support in Acute settings	2.0 WTE Practitioners covering acute hospitals £73,274
Supporting parents/carers in caring for children and young people accessing CAMHS	1.0 WTE CAMHS Carers Support Worker £27,616
Supporting Education - new roles in schools	Commission a new service £293,096
Supporting Engagement & Participation, developing Expert by Experience Peer Champions	1.0 WTE CAMHS Participation Worker, plus engagement work £36,637



How we're using the resource 3/3

Initiative	Allocation
Supporting the most vulnerable groups, provision of specialist advice, support and interventions within the Children Looked After Team - embedding MH Professionals	2.0 WTE MH Professionals £73,274
Creation of Community Eating Disorder Service - Young People	£299,002
Developing Expert by Experience Peer Champions	Sessional Peer Champions £11,303
Programme/Commissioning Manager	1.0 WTE Band 7 £45,000



Where we've got to 1/2

- Monthly Programme Group in place - overseeing our plan, TOR, Risk Register and Project Plan
- Reporting into - Early Help Strategic Programme Board, Children's Trust Board & Somerset Commissioning Group For Children & Young People's Mental Health & Psychological Well Being
- Advert out for Programme Manager – interviews February 2016
- Continuing to develop Outcome Measures – how will we know we're getting the transformation?



Where we've got to 2/2

- Held workshop to help inform service specification for new roles in Schools - early January 2016. Keeping the focus on prevention
- Perinatal & Infant mental health – work underway on pathway development & service improvement
- SPFT Advertises imminent for Head of Service CEDS-YP, SPoA posts & Liaison posts
- SPFT web development underway, C&YP involved, will include films

10



Challenges

- Workload capacity while recruiting to Programme Manager role
- Keeping the focus on prevention especially re. new roles working across Education that we need to develop. Diverse views on how the new roles should be utilised - managing what's 'coming through the door' now, CLA, care leavers, Ofsted rating of Children's services in Somerset!
- Concerns regarding recruitment to all the new roles for Providers – lots of new roles across all our areas (competition) & what we know about difficulties recruiting across the board!
- Developing service specifications for new services – need to 'get in right' & consult widely which might extend timeframes
- Being ambitious – but while managing expectations!

