

# South West Personality Disorder Conference 14<sup>th</sup> July 2015

Stigma in supportive settings: acknowledging, challenging and moving forward facilitated by Lisa Foote and Tina Robinson

Write up on the end of the workshop that looked at disabling and enabling examples of working with stigma and ideas in order to start thinking about developing good practice pointers.....

<b>DISABLING</b>	<b>ENABLING</b>
Focusing on the diagnosis (not what's happened to you)	Strengths based assessments
Borderline Personality Diagnosis	Focusing on relationships
Contracts and funding	Dependency not necessarily negative – trust etc possible even when developing dependency for a therapeutic relationship.
Resources and limited time for endings	Space / safety to explore past experiences
Poor therapeutic relationship without HOPE	Co-production and experience based design all empowering
Making decisions about people not with people	Support networks around service users and around support workers.
Little early intervention pre age 18	
Emergency services picking up crisis / distress	
Strategic decisions not reflecting needs of people with personality disorders	