

TALKING ABOUT
SAMARITANS

SAMARITANS

**Samaritans' Vision is that
fewer people die by suicide.**

We work to achieve this vision by making it our **mission** to be

- ◉ Always available
- ◉ Reaching out to high risk groups and communities
- ◉ Working in partnerships
- ◉ Influencing public policy

SAMARITANS

Samaritans in the South West

11 branches



HOW WE PROVIDE SUPPORT

We have different ways for people to get in touch.

They can:

- 🕒 Call us
- ✉️ Email us
- 📱 Text us
- ✉️ Write us a letter
- 🕒 Visit us in a branch when it is open for visitors





Referral Materials for Professionals

- POSTER – For professionals in a fixed place of work such as Call Centres.
- CARD – For front line professionals such as policemen, ambulance drivers etc.
- Both can be customised to include your local and national number.

Someone to talk to – people contact us when things are getting to them. They don't have to be suicidal.

We're always here – round the clock, every single day of the year.

A safe place – as volunteers we're ordinary people, and keep all our conversations private.

People can be themselves – whoever they are, however they feel, whatever life's done to them.

We're a charity – it's the public's kind donations that keep our helpline open.

Please see our website for latest call charges. Samaritans is a registered charity.

Visit us – find your nearest branch on our website
www.samaritans.org

and off the record, in their own way, any time they like, 08457 90 90 90 (UK) 1850 60 90 90 (ROI)

TURN TO US

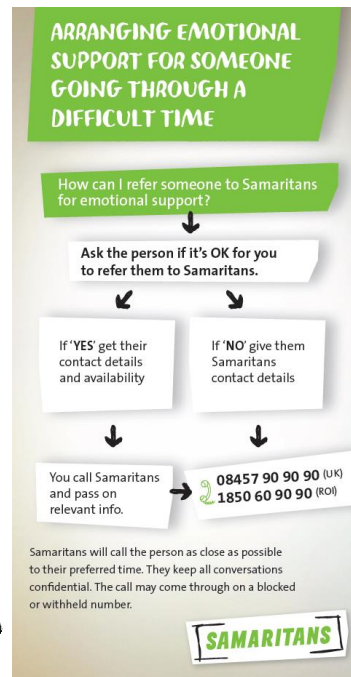
08457 90 90 90 (UK)
1850 60 90 90 (ROI)

Outside



REFERRAL CARDS

Inside



Pocket Cards – Front and Back



Central/Organisation wide Partnerships



Examples of SW Local Partnerships Health & Mental Health

- 🕒 **GPs – new projects/campaigns in Somerset and North Devon**
- 🕒 **A & E – Bath, Weston, Truro, Yeovil, Taunton, Bristol**
- 🕒 **Cruse – Bereavement support Bristol and Somerset**
- 🕒 **Mental Health Teams –**
Somerset Partnership home treatment team Yeovil,
Bath Psychiatric liaison team,
Truro Trelisk Hospital liaison team,
Exeter liaison service
- 🕒 **South West Ambulance Services staff – Staying Well Pilot**
- 🕒 **Community Pharmacies in the SW**



Partnerships

- 🕒 Offer of 3rd party referrals as described
- 🕒 Emotional support face to face – suitable in some circumstances eg A & E
- 🕒 Staff briefings and talks so that teams understand the service and confidentiality, feel confident about using
- 🕒 Awareness of 24 hour service - appropriate materials available for patients
- 🕒 Follow up support whilst on waiting list – similar to our Cruse project



Questions?

Faye Dimdore SW Regional Partnership Officer

Email partnershipsouthwest@samaritans.org

