

### Share the policy and process

- Share the 'policy' and 'process' that has been developed within the Torbay area to support the Integrated Personal Commissioning approach being embedded in the way we work. Helping other areas look at synergies and opportunities within their local areas to embed IPC in their areas too.
- Torbay and South Devon have developed a series of 3 ½ day workshops to support practitioners on the ground adopt and embed the IPC approach into their daily work. Incorporating a set of skills and techniques around active listening, motivational interviewing, coaching and enabling. These workshops have been co-developed with a group of multi-agency/professional and voluntary sector teams, who identified what support they need to be able to embrace and assimilate the IPC approach into their daily practice. Further development of the training offer is around the use of Patient Activation Measures (PAM) to support care and support planning and tailor individual interactions (presently in progress)

N.B The Patient Activation Measures (PAM) is a base-lining and audit tool to evidence the confidence, ability and reality of practitioners undertaking person centred care, through shared decision making and self-management support.