



## South West Perinatal and Infant Mental Health Network Multi-agency Perinatal and Infant Mental Health Champions training

This new two-day 'Train the Trainer' style **Perinatal and Infant Mental Health Champions Training** will be delivered by **The Institute of Health Visiting** on behalf of the newly-formed **South West Perinatal and Infant Mental Health Network**. Up to 20 multi-agency PIMH Champions will be trained during each 2 day course, from agencies working with women perinatally across the South West. Once trained the Champions will be equipped and supported to work in pairs to cascade training to colleagues. Champions will receive ongoing support for the development of the role through the Network.

Date	Venue
5 <sup>th</sup> & 6 <sup>th</sup> January 2017 - 9.00-17.00	Holiday Inn – Plymouth, Devon, PL1 2HJ
9 <sup>th</sup> & 10 <sup>th</sup> February 2017 - 9.00-17.00	Holiday Inn – Filton, Bristol, BS16 1QX
9 <sup>th</sup> & 10 <sup>th</sup> March 2017 - 9.00-17.00	Holiday Inn – Taunton, Somerset, TA1 2UA

### As a Perinatal and Infant Mental Health Champion you will:

- Become an ambassador for perinatal and infant mental health within your local area
- Become involved in developing and progressing integrated perinatal and infant mental health care pathways in your area
- Act as a central resource to colleagues
- Empower colleagues to raise parity of esteem for perinatal and infant mental health
- Promote evidence-based practice at all levels

### You will need to:

- Be interested in the subject
- Be a good communicator
- Have the confidence to train others
- Have the backing of your employer to undertake the role

**To register interest in attending or for more information please visit:**

<http://www.swscn.org.uk/perinatal-infant-mental-health-champions-training-south-west/8913/>

or email Kelle Dunn, South West Clinical Network Administrator, [kdunn1@nhs.net](mailto:kdunn1@nhs.net)