SWAG Cancer Alliance Living with and beyond cancer

Primary Care Transformation Programme

Dr Lucy Thompson Macmillan GP Adviser

Some statistics

- Cancer prevalence is rising increasing by 3% a year
- Incidence is rising and there is a better survival
- ▶ 2.5 million cancer survivors in 2015
- ▶ 4 million by 2030
- Number of older people living with cancer set to treble from 2010 to 2040

Cancer is a long-term condition

- In my practice
- Cancer register 549 patients
- Diabetic register 876 patients
- ► COPD register 343 patients
- ▶ 90% of people with a previous cancer diagnosis visit their GP each year

Recovery package and cancer care review

- Recovery package is designed to better meet people's needs
- Current cancer care review is a QOF target but may be only a tick box exercise
- Aim of primary care programme is encourage primary care to recognise cancer as a long-term condition
- Practices to engage with LWBC agenda
- Identify groups with consequences of treatment
- First stage in a process to an improved CCR

Primary care element of transformation programme

- ▶ Limited funding equates to £120 / 1000 patients over 2 years
- Insufficient to develop new services
- ► GPs not in a place to consider new work
- Suggested quality improvement projects, many administrative

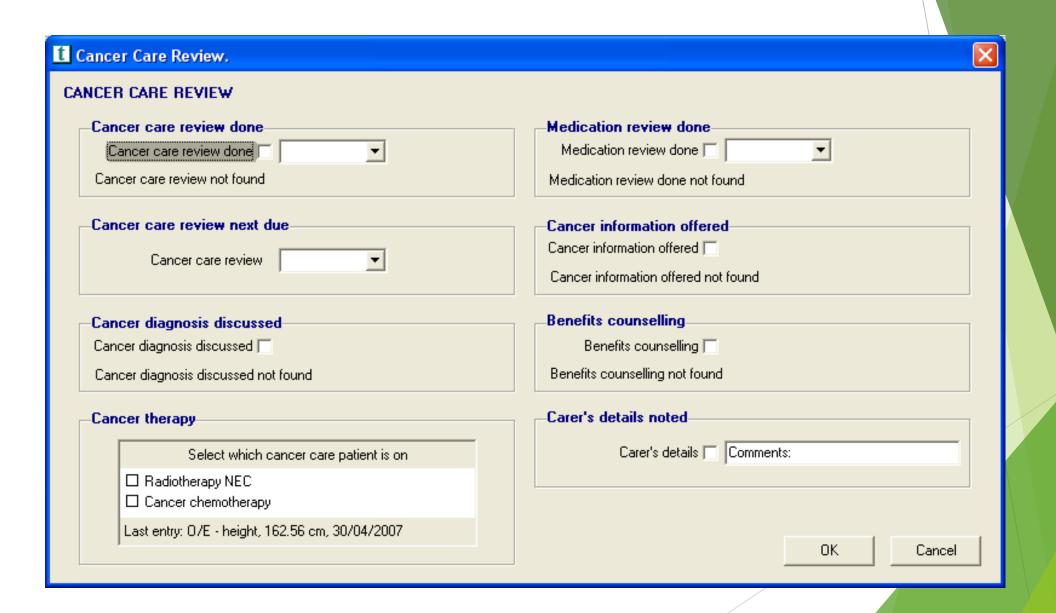
Consequences of treatment

- Identifying those on hormone therapy and at risk of osteoporosis
- Those who have had pelvic radiotherapy and now have bowel and bladder dysfunction
- Those who have had chest radiotherapy or chemotherapy who need cardiac monitoring

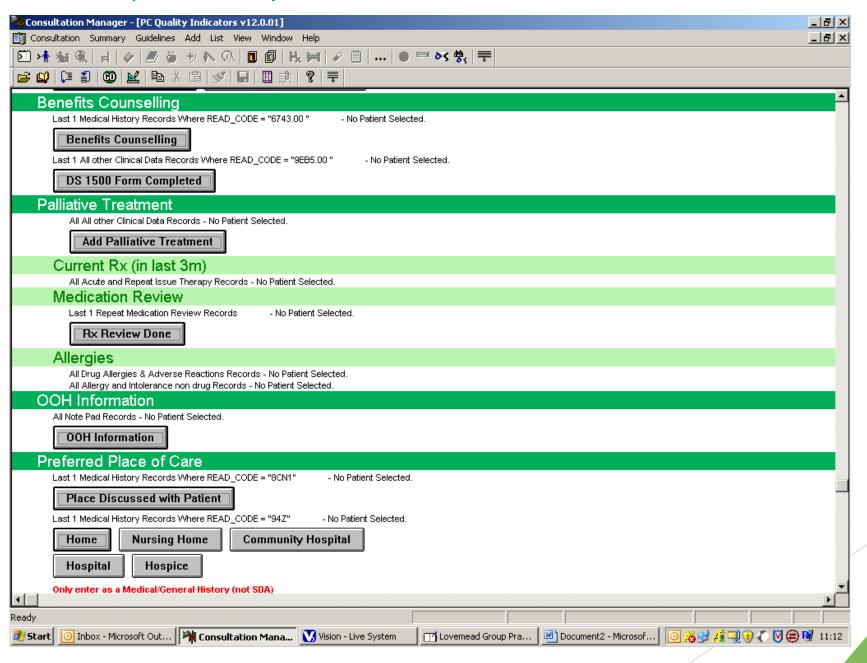
Working towards a better cancer care review

- Developing a care plan
- Utilising practice nurses and concept of co-morbidity clinics
- Signposting to other services and benefits

EMIS CANCER REVIEW TEMPLATE



INPS (VISION) CANCER REVIEW TEMPLATE



Lifestyle advice

- Offering all patients on the cancer register advice on benefits of physical activity and other lifestyle advice
- Can be at diagnosis prehab
- Many practice nurses do this in chronic disease clinics already
- Signpost to services such as health trainers

Practicalities of programme

- Pan-Alliance but local choice CCG, locality or individual practice level
- Practices are informed of project by letter and at existing learning events
- Supported by Macmillan GPs and CCG cancer leads
- Choose a QI project
- Learning event towards the end of the period to allow shared learning and comparison of different QI projects across SWAG

The future?

- Primary care engages in cancer as a long-term condition
- Recognised role in supporting people LWBC
- Cancer care reviews an ongoing process not a one-off post diagnosis
- Practice nurses offering CCR as part of chronic disease clinics
- Transform follow-up releasing secondary care time, proactive care in primary care